

#### Tours

For interested participants we offer possibility to visit Kraków and beautiful regions of Malopolska (Little Poland), for example Pieniny and Tatra Mountains.

## Banquet

Unforgettable event combined with a guided tour will be located underground in the medieval salt mine in Wieliczka (XIII century), a UNESCO World Heritage.

www.wieliczka-saltmine.com



# Organizer



# Co-Organizers

Chinese Medicine Centre, Krakow The Institute of Chinese Medicine and Health Prophylaxis Confucius Institute, Jagiellonian University

# Congress office

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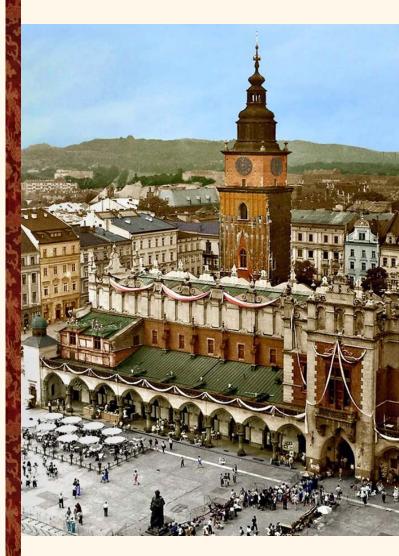
rakow is particularly associated with Chinese medicine in Poland. In 1641 Michał Piotr Boym – a graduate of the Jagiellonian University and Jesuit, went for a mission to China. He studied Chinese medicine on the imperial court of Yongli – the last emperor of the Ming dynasty. Yongli made him a deputy to the pope. He was the first European, who had moved knowledge of Chinese medicine to Europe. He was also the one, who published the first works on the subject.

One of the first ten dissertations on Chinese medicine in Europe had been defended in Krakow in 1830 at the Jagiellonian University. Józef Domaszewski dedicated it to acupuncture.

The very first TCM teaching in Poland started in 1986 in Krakow. It successfully continues until now in the Institute of Chinese Medicine and Health Prophylaxis. Moreover, Polish Association of Traditional Chinese Medicine was founded here. Finally, Krakow has the largest Chinese Medicine Centre in Poland, which employs 19 specialists offering full scope of TCM methods.



14-16 October 2016



www.tcm-kongres.krakow.pl



#### **CONGRESS IDEAS**

On the occasion of the 30th anniversary of teaching Traditional Chinese Medicine in Krakow, we organize an international congress which aims to foster and deepen the knowledge concerning application of TCM in prophylaxis and therapy. We want to highlight cases, where TCM supports Western medicine and can be used as an equal, effective system of medical treatment.

## THE MAIN OBJECTIVES

- [1] Review the state of the art in teaching and practicing traditional and classical Chinese medicine in Poland and other Western countries;
- [2] Focus on promising directions of TCM development;
- [3] Promoting application of TCM techniques in prophylaxis and disease treatment;
- [4] Giving opportunity to present own experiences and developed methods in application of TCM.

## CONFIRMED SPEAKERS

Bartosz Chmielnicki (Poland), Tania Camacho-Regnier (Mexico-Poland), Donald Halfkenny (USA, Germany), Mazin al-Khafaji (UK), Jie Li (Netherlands), Yair Maimon (Israel), Suzanne Robidoux (Kanada), Jeremy Ross (UK), Peilin Sun (Belgium), Radha Thambirajah (UK), Jerzy Vetulani (Poland), Wang Tianjun (UK), Weixiang Wang (Netherlands), Jani White (UK).

### **PROGRAM**

The congress will consist of plenary session and three parallel symposia. Additionally there will be open lectures, workshops and accompanying events.

#### I. TCM and Evidence Based Medicine

The main issue of the symposium will concern efficiency of TCM treatment supported by the results from specific cases and scientific randomized trials. Particular attention will be paid to the economic and scientific data from application of TCM treatment in conventional medicine.

#### II. TCM in Practice

Years of personal experience of recognized practitioners and new treatment techniques will be presented in the form of a half-day lectures. The aim of the symposium is to present current activities in the field of TCM practice and to deepen its understanding.

## III. TCM in Prophylaxis

Examples of disease prevention and life cultivation by TCM methods as well as powerful support of Western medicine will be presented in this part of the congress.

## **OPEN LECTURES**

The aim of the lectures is to promote and encourage to apply Chinese medicine in prophylactic treatment. Lectures as well as diagnostics with consultations will be available to the general public.

## MINI SYMPOSIA / WORKSHOPS

During the congress there will be the opportunity to participate in practical workshops, among them Medical Qigong.

#### **MEETINGS WITH AUTHORS**

Jeremy Ross and other TCM recognized practitioners will present their books. There will be opportunity to purchase books on TCM on the site.

### **EXHIBITIONS & FAIR**

In the congess break-time it will be possible to consult or purchase acupuncture and massage equipement, herbal supplements, books, etc.

#### KRAKOW - MAGIC CITY

Krakow – the former royal capital of Poland, one of the most beautiful cities in Europe and one of the best tourist destination. The entire medieval Krakow Old Town was among the first sites chosen for the UNESCO World Heritage Sites List, with the largest Main Square considered to be the most beautiful square in the world. Jagiellonian University is one of the oldest in Europe – established in 1364. Krakow became distinguished center for business, conventions, festivals and artistic events. It is a city of many museums, music clubs, cafés and restaurants with astonishing climate and excellent cuisine. All of that attract millions of visitors from all over the world every year.

Most welcome!

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