



### Tours

For those who are interested in visiting medieval city of Krakow or its surroundings we offer help in organizing trips around Krakow and Malopolska Region sites listed on the UNESCO World Heritage list – such as Wieliczka Salt Mine, Ojcow National Park, Pieniny Mountains or Zakopane and Tatra Mountains.

### Banquet

Unforgettable banquet and party will take place on Saturday evening in the wonderful setting of Przegorzały Castle in Krakow.



### Organizer



Polish Society  
of Traditional Chinese Medicine

### Co-Organizers

Confucius Institute, Jagiellonian University  
The Institute of Chinese Medicine and Health Prophylaxis  
Chinese Medicine Centre, Krakow

### Congress Office

ul. Warszawska 1, 31-155 Krakow, Poland  
Tel / Fax: +48 12 422 20 76  
Mobile: +48 797 817 515

[office@tcm-kongres.krakow.pl](mailto:office@tcm-kongres.krakow.pl)

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**K**rakow plays a significant role in the history of Chinese medicine in Poland. In 1641 Michał Piotr Boym – a graduate of the Jagiellonian University and Jesuit, went for a mission to China. He studied Chinese medicine on the imperial court of Yongli – the last emperor of the Ming dynasty. Yongli made him a legate to the pope. He was the first European, who brought knowledge of Chinese medicine to Europe. He was also the one who published the first works on that subject.

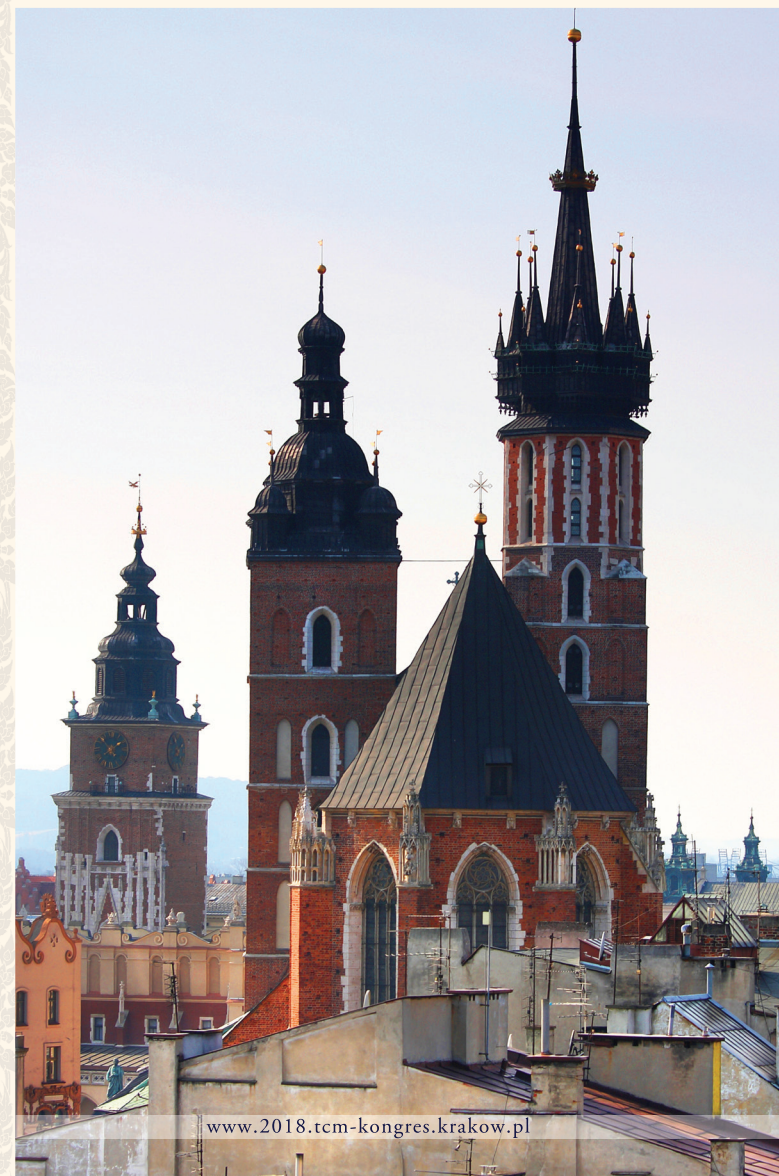
Later, one of the first ten dissertations on Chinese medicine in Europe was defended in Krakow in 1830 at the Jagiellonian University. Józef Domaszewski dedicated it to acupuncture.

The very first TCM teaching in Poland started in 1986 in Krakow. It successfully continues until now in the Institute of Chinese Medicine and Health Prophylaxis. Moreover, Polish Association of Traditional Chinese Medicine was founded here. Finally, Krakow has the largest Chinese Medicine Centre in Poland, which employs 18 specialists offering full scope of TCM methods.



**TCM CONGRESS**  
Krakow 2018, Poland

**12-14 October 2018**





## CONGRESS IDEAS

The last two TCM Congresses in Krakow were a great success. Both, speakers and guests were very enthusiastic and agreed, that it would be of a great meaning for TCM promotion to organize such Congresses each year. It proved the need for the Polish TCM therapists and doctors to broaden their knowledge and exchange experiences with the foreign TCM practitioners.

To address those needs, this year we would like to focus on possibility of TCM in supporting fertility, resolving gynecological problems, children's treatment and healing psychic & psychosomatic diseases. Additionally apart from promoting application of TCM techniques in prophylaxis and diseases treatment, we would like give opportunity to present own experiences and results of scientific researches concerning TCM.

## THE MAIN OBJECTIVES

- [1] Promoting application of TCM techniques in prophylaxis and diseases treatment.
- [2] TCM as a complementary and supportive method to the western medicine therapy.
- [3] Presentation of own techniques, experiences, developed methods in application of TCM and case studies provided by world-wide known TCM practitioners.
- [4] Review of the state of the art in teaching and practicing traditional and classical Chinese medicine in Poland and Europe.
- [5] Focus on promising directions of TCM development and future trends.

## CONFIRMED SPEAKERS

Bartosz Chmielnicki (PL), Ina Diolosa (AT), Joan Duveen (NL), Yuan Heping (CN, D), Agnieszka Krzemińska (PL), Yair Maimon (IL), Gerd Ohmstede (D), Sun Peilin (CN, BE), Elisabeth RoCHAT de la Vallee (FR), Julian Scott (UK), Shulan Tang (CN, UK), Yifan Yang (CN, NL).

## PROGRAM

The Congress will consist of plenary session, three parallel thematic symposia and the scientific symposium "TCM and evidence based medicine". Additionally there will be open lectures, workshops and accompanying events.

### I. Gynecology and fertility

How to support fertility – prophylaxis and treatment according huge TCM knowledge and experiences. Effective healing of common gynecological diseases.

### II. Pediatric diseases

How to successfully take care of the health of our children – prevention and treatment.

### III. Shen and psychic & psychosomatic diseases

Core of our existence – Shen. Crucial knowledge and techniques of preserving clear Shen and healing psychic & psychosomatic disorders.

### IV. TCM and evidence-based medicine

Efficiency of TCM treatment supported by the results from specific cases and scientific randomized trials, with attention paid to the economic and scientific data from application of TCM treatment in conventional medicine.

## OPEN LECTURES

The aim of the lectures is to promote application of Chinese medicine in prophylaxis and treatment. Open lectures as well as diagnostics with consultations will be available to the general public.

## MINI SYMPOSIA / WORKSHOPS

During the Congress there will be the opportunity to participate in practical workshops, among them Medical Qigong.

## LUNCH MEETINGS WITH SPEAKERS

There will be opportunity to discuss your questions or selected topics with some of the key-note speakers.

## KRAKOW – MAGIC CITY

Krakow – the former royal capital of Poland is one of the most beautiful cities in Europe and one of the best tourist destinations. The entire medieval Old Town was among the first sites chosen for the UNESCO World Heritage Sites List, with the largest Main Square considered to be the most beautiful square in the world. Jagiellonian University is one of the oldest in Europe – established in 1364. Krakow is called the culture capital of Poland. It is a city of many monuments, art galleries, museums, music clubs, cafés and restaurants with astonishing climate and excellent cuisine.

12-14 October 2018



[www.2018.tcm-kongres.krakow.pl](http://www.2018.tcm-kongres.krakow.pl)